Guides help with cancer aftercare

You’ve finished the rounds of radiation, the chemotherapy. You’re a winner; a cancer survivor. Now what?

A new push is on to provide patients in every cancer specialty with a tool to help them navigate the challenges -- and opportunities -- that come with their diagnosis.

Today’s cancer patients are better informed than ever. And they expect their healthcare providers to help them understand their options and guide them toward the best care possible.

But the experience for most cancer survivors can be tough. Even with your best intentions, the transition to survivorship can be confusing and difficult. You may not know how to deal with the aftermath of your cancer. You may be upset by your altered body image. The fear of recurrence can make you feel anxious or depressed. The need for help needed wasn’t being met.

The Mission Possible Coalition, a national group of 169 hospitals, is creating easy-to-fill-out checklists that survivors can hand to future physicians -- what checklists to get and when, what late side effects their treatment may trigger, what new symptoms to watch for.

The American Society for Clinical Oncology recently posted the first such documents -- for colorectal and breast cancer -- on its Web site, free to copy and customize. ASCO is developing guides for other leading malignancies -- lung cancer is next -- and a more general plan for free common cancers.

“We’re at the cup of a very dramatic change in the way we’ve got to be delivering coordinated care for cancer survivors,” predicts Dr. Patricia Gance of the University of California, Los Angeles, a cancer survivorship specialist who has led the ASCO guide development effort.

“Early diagnosis and effective screening: checking boxes, marching orders, it will be a changing scenario,” she explains. “If you’ve finished chemotherapy. You’re a different person. It’s like other skills, some get it and don’t need the mentoring, some need it to have it. It’s like other skills, some get it and don’t need it.”

The physicians are able to see the entire wooden spear shaft and remove it,” said Church, a self-spoken physician who has been helping needy hospitals and clinics around the world obtain radiology equipment for 25 years.

“I think it’s a wonderful window into the body anywhere, but especially in the developing world where X-ray quality is often marginal, if existent at all, and there are no alternative imaging modalities available.”

Church’s overseas work began with a simple volunteer effort in 1982. “I signed up for a mission trip of two weeks in Jamaica,” recalled Church, who recently retired from his practice with Grand Traverse Radiologists. “They shared about two weeks prior to this trip, a guy called David called who donated an ultrasound machine to the hospital there. We asked me to go and teach the local physicians how to use it.”

That humble beginning launched Church, accompanied by his wife, Sandra, a registered nurse, on journeys to Haiti, Niger, Uganda and Russia twice, Honduras three times, Kenya five times, New Guinea three times, Egypt twice, Swaziland, Malawi, Tanzania, Haiti, Niger, Uganda and Mexico.

Touring the mission possible

One trip to Honduras was especially memorable for Church.

“We had placed an ultrasound in an OB-de- livery room just before a woman came in,” he recalled. “She was about to deliver, but there were no local physicians or nurses around. I knew how to deliver a baby, but hadn’t delivered in over 30 years. But all went well and the baby came out just fine.”

Church’s trips have come under the auspices of World Medical Mission. The internationally organized organization formed in 1977 to place Christian physicians, dentists and other medical personnel in mission hospitals and clinics in Africa, Asia, Europe, Oceania, Latin America and the Middle East.

World Medical Mission is an ofﬁci- nal of Samaritan’s Purse, a nondenomi- national evangelical Christian organization providing spiritual and physical aid to hurting people around the world. Since 1970, Samaritan’s Purse has helped victims of war, poverty, natural disasters, disease and famine with the purposes of sharing God’s love throughJesus Christ. Its president in Franklin Graham, the oldest son of Billy Graham.

After his initial trip to Jama- ca, Church developed important contacts that enabled him to procure radiology gear free for or at little cost. Sometimes the equipment was old and

SEE PAGE 4B

Health calendar a published weekly in Traverse City Record-Eagle. Information to be included can be faxed to 933-0303 or mailed to Record-Eagle, P.O. Box 100, Traverse City, MI 49686-0001. Deadline: 5-6 weeks before publication.

BLOOD DRIVES

MICHIGAN COMMUNITY HEALTH CENTER

Fife Lake, 9-10 a.m. Tuesdays in October, 32655 Fillmore Rd.; 269-624-7145.

Kingsley, 1-2 p.m. third Thursdays through October, 221 S. Main St.; 231-467-8945.

Kingsley, 9 a.m.–12:30 p.m. Tuesdays and Thursdays, 475 Kingsley Road, bus 126 (Traverse City); 231-467-2044.

Save More Store & Exchange, 10 a.m.–5 p.m. Oct. 4, 7209 Viner St.; 231-467-2044.

Traverse City, 9-12:30 p.m. Tuesdays, 475 Kingsley Road; 231-467-2044.

CANCER SCREENING

Obstetrician-Free Clinic, 1250 E. Maple Rd., Grayling, 989-464-3831.

Cradle Community Clinic, 502 S. Main, Midland.

The Blood Center, 2175 Aquilla Drive, 989-345-4444.

Inland Empire Health Plan.

Traverse City, 9 a.m.–4 p.m. Oct. 6; 231-933-1452.

FREE LUNG SCREENING

Traverse City Clinic, 9 a.m.–4 p.m. Oct. 6, 401 E. Maple Rd., Traverse City, 933-1452.

LEEP and ALL other Pap screenings including new tests for pre-cancer cells.

CARE CHECKUP

Traverse City Clinic, Saturday, Oct. 13, 9 a.m.–12:30 p.m.

American Red Cross, 502 S. Main, Midland.

American Red Cross, 502 S. Main, Midland.

Tuesday, Oct. 20, 10-11 a.m. MTC; 231-933-1452.

 endeavoring guides for other leading malignancies — lung cancer is next — and a more general plan for free common cancers

trive doctors to use the high-tech radiology unit sometimes requires the use of a translator. Still, the recipients are always eager to learn and impressed with the ultrasound and X-ray equipment Church is able to provide:

“They know they want the equipment and that it will be helpful,” he said. “Sometimes there are problems. They always gain confidence with it. It’s like other skills, some get it and don’t need it. But they usually become very enthusiastic when they see what they can do with this equipment.”

One trip to Honduras was especially memorable for Church.

“We had placed an ultrasound in an OB-de- livery room just before a woman came in,” he recalled. “She was about to deliver, but there were no local physicians or nurses around. I knew how to deliver a baby, but hadn’t deliv- ered one in about 30 years. But all went well and the baby came out just fine.”

Church’s trips have come under the auspices of World Medical Mission. The internationally organized organization formed in 1977 to place Christian physicians, dentists and other medical personnel in mission hospitals and clinics in Africa, Asia, Europe, Oceania, Latin America and the Middle East.

World Medical Mission is an ofﬁci- nal of Samaritan’s Purse, a nondenomi- national evangelical Christian organization providing spiritual and physical aid to hurting people around the world. Since 1970, Samaritan’s Purse has helped victims of war, poverty, natural disasters, disease and famine with the purposes of sharing God’s love throughJesus Christ. Its president in Franklin Graham, the oldest son of Billy Graham.

After his initial trip to Jama- ca, Church developed important contacts that enabled him to procure radiology gear free for or at little cost. Sometimes the equipment was old and
How Can the Parkinson’s disease be managed better?

A group of health professionals at Munson Medical Center will offer two educational sessions and a patient forum featuring full-length presentations and workshops on the following topics:

- Parkinson’s Disease Diagnosis & Treatment
- Parkinson’s Disease Exercise Classes
- Parkinson’s Disease: Early Signs & Symptoms
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?
- Parkinson’s Disease: What Can I Do?
- Parkinson’s Disease: After the Diagnosis
- Parkinson’s Disease: How Do Dino- mites Do It?